
Analysis of General Conditions per Training to Toward Sports Facilities and Infrastructure for Physical Education and Sports

Ms Sikka Devi

Asst. Prof. M.K.J.K. College, Rohtak

ABSTRACT

The purpose of the study was to analyze the general condition pertaining to existing facilities and infrastructure related to physical education and sports in India in general and Haryana in particular. The subjects for the study were two hundred students M.D.U Rohtak and collages affiliated from five districts of Haryana state i.e. Jhajjar, Rohtak , Gurgaon, Rewari and Faridabad. The respondents were selected of both sexes randomly . Data was collected through self made questionnaire and percentage issued as statistical tools . There result shows that mostly respondents have greater satisfaction towards sports faculties and infrastructure for physical education and sports but there is less awareness about incentive and refreshment.

1. INTRODUCTION

Sports is a social phenomenon by it helps the society to develop all necessary traits of personality these are required for the development of the individual, sports are natural desire of human beings , physical and mental development of the children is promoted by sports, so inspiration for sports is quite natural. Sports should be recognized as a social need. included are and had been mirror of society , sports are so much important in life of a person that many wise man here tried to define its importance.

Sports infrastructures are first requirement for promotion and development of sports. The tradition of building infrastructure for sports activites is not new. Even in ancient times sports stadiums were built. The ancient olympic stadiums at olympic in Greece is an example. But the accelerated Construction of sports structure and facilities began in the 19th Century. The first swimming pools were built between 1828 and 1830. The first modern gymnastic was built in the middle Century, Most of these were built in the style of ancient structures. The revival of Olympic games in 189 provided an important stimulates to the construction of sports and facilities , In 202th Century , sports structures are often important public buildings and brilliant examples of progressive trends in modern architecture .

Modern sports structures and facilities serve more than 50 types of sports. A structure or facility is usually divided into the principal area where training is done and competitions are held (fields,courts,halls) auseiliary areas (cloakrooms, dressing rooms, shower rooms, rooms for officials, equipments rooms) areas for the maintenance system (water, heat and electric powersupplies and spectator area (stand and seats lobbies, refreshment counters and restrooms, Sports structure and facilities can be indoor or outdoor.

2. REVIEW OF RELATED LITERATURE

Prasad, Yoginder (1993) conducted a study of investigate the Physical education facilities in the colleges of Himachal Pradesh. He found that in majority of the cases the level of Physical education facilities was well below the desired degree.

Verma Monika (2012) studied on recreational needs activit of interest and facilties available at C.D.L.U Campus Sirsa. The purpose of the study was to find out rereatinal needs, activities, interest and facuilties available in the Campus for the Ch. Devi Lal University students. Data was collected through self made questionnaire and the data was analyzed by frequency and Percentage.

3. OBJECTIVES OF THE STUDY

6. Result and Discussion :-

To evaluate the effect of Sports facilities Provided in Haryana.

To examine physical education facilities and sports programmes of the M.D.U. State University and their affiliated Colleges.

4. HYPOTHESIS

Having a view of objectives of the study, null Hypothesis is framed for the present investigation.

5. METHOD & PROCEDURE

Selection of Subjects :-

The subjects were selected on following basis:-

1. He should be College Level student.
2. He should attain the age of 18 and more than 18 years.
3. He should be study in Haryana.

Table 6.1

Satisfaction of students towards Facilities and Infrastructure

	VARIABLES	NUMBERS	YES	NO	PERCENTAGE
RESPONDANTS	BOYS	100	83	17	Y-83 N-17
	GIRLS	100	88	12	Y-88 N-12
	TOTAL	200	171	29	Y-85.5 N-14.5

It is clear from the table that most of 83% Boys and 88% Girls agreed with the statement that students are satisfied with Sports facilities and infrastructure while 17% boys and 12% students were not in favor of statement.

Table - 6.2

Students opinion with the equipment and training provided for practice

	VARIABLE	NUMBER	YES	NO	PERCENTAGE
RESPONDENT	BOYS	100	56	44	Y 56% N 44%
	GIRLS	100	48	52	Y 48% N 52%
	TOTAL	200	104	96	Y 52% N 48%

Finding in above table 6.2 reflect that 52% Respondent satisfied with the Equipments and training provided for Practice and other 48% are not satisfied with this statement.

Table - 6.3

Students satisfaction towards the incentives given for Sports and Physical Education.

	VARIABLE	NUMBERS	YES	NO	PERCENTAGE
RESPONDENTS	BOYS	100	28	72	Y 28% N 72%
	GIRLS	100	31	69	Y 31% N 69%
	TOTAL	200	59	141	Y 29.5% N 70.5%

The table shows that 29.5% respondents are satisfied with the incentives given for sports and Physical Education and 70.5% are not

satisfied Govt. provided the incentives to those players who achieve good results. But there is requirement of support at the initial stage.

Table - 6.4

Students get Refreshment as prescribed by the state govt. in colleges?

	VARIABLE	NUMBERS	YES	NO	PERCENTAGE
RESPONDENTS	BOYS	100	13	87	Y 13% N 87%
	GIRLS	100	9	91	Y 9% N 91%

	TOTAL	200	22	178	Y 11% N 89%
--	-------	-----	----	-----	----------------

The table reveals that only 11% accept that they get refreshment but remaining respondent 89% didn't got any type of refreshment is prescribed by the state govt.

provides refreshment to those players who achieve good results but there are requirement of financial support at initial stage.

Table - 6.5

Opinion of the Students regarding their satisfaction on training/coaching available at stadiums and their Institutions.

	VARIABLE	NUMBERS	YES	NO	PERCENTAGE
RESPONDENTS	BOYS	100	43	57	Y 43% N 57%
	GIRLS	100	32	68	Y 32% N 68%
	TOTAL	200	75	125	Y 37.5% N 62.5%

It is apparent from the table that only 37.5% respondents are satisfied regarding training/coaching provided at their Institutions while 62.5% are not satisfied. The sports performance of the player mainly depends on coaching and training facility. So it is required that more coaching camps should be organized by the Colleges.

7. CONCLUSION

The response given by respondents shows a clear picture that the Maharishi Dayanand University, Rohtak will help to develop sports Culture in Haryana as well as in India. The study discloses that government had worked to improve and access the basic sporting facilities

such as synthetic playground like astro-turf for hockey and synthetic surfaces for lawn tennis and athletics tracks in the stadium.

8. SUGGESTIONS

Infrastructure is of paramount importance for development and growth any industry. In new millenium sports is fast emerging as an important industry. For existance of sports industry, infrastructure has an important role to play. If we want translate dreams into reality of making Haryana as sports superpower, a sound sports infrastructure for all games should be laid down.

9. REFERENCES

- [1] Krishan Kewal. "A study of facilities, organization in Haryana state Universities". A thesis submitted to Punjab University Chandigarh.
- [2] Kumar Ajay. "The survey of sports infrastructure in various college of Haryana State". An Unpublished thesis M.D.University Rohtak.
- [3] Kutty, Sureshk(2005) "Foundation of sports and exercise physiology" A.R.K
- [4] Prasad, Yoginder (1993). " A Study of facilities, organization and Administration of Physical Education and Sports in Himachal Pradesh Universities. A thesis submitted to Punjab University, Chandigarh.
- [5] Verma Monika." A Study of recreational needs activities of interest and facilities available at C.D.L.U. Campus Sirsa" Journal (Vyayam-Vidnyan) Vol.-45, No.1, Feb 2012.