

A study of attitude of players towards the university

Coaching camps of M.D. University Rohtak

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Abstract

The researcher was having a mindset to work on attitude and interest towards University coaching camp. The present study also will be helpful to know the proper results of enhancing sports performance through coaching camp. It was high light the exact investigation of interest and attitude of players at inter-university level. The samples of present study consist of 100 finalist who was attended the coaching camp during the session 2016-17 and 2017-18 of inter-university Rohtak district. In order to active the objective of the study the investigator would use a self prepared questionnaire and percentage. The present study will motivate the administrator, parents, coaches and students.

Keywords: Attitude of players, university coaching camps, latest equipments

Introduction

A sport is concerned not only with the development of fitness but the total personality of the child to its fullness and perfection in body mind and spirit. In striving for such fitness, however sport has necessarily to train the child's mental, moral and social-economical qualities; arouse his awareness of environment and development alertness, presence of mind, resourcefulness, discipline, co-operation and the spirit of respect, sympathy and generosity towards others, the qualities that are essential for a happy and well adjusted line in a free domestic world. Sport can thus make a very valuable contribution to our national life. Coaching is a way of guide individual to enhance or to bring out the hidden quality of an individual through own personal efforts. In games and sports every team member and owner of team wants to win the competition. The purpose of organizing the coaching camp is to improve the player's playing technique, team coordination. Sports' coaching is a very difficult task because the nature of activity was different. Every university organizes different coaching camp every year and lot of players participated in these coaching camp. During the university coaching camp players, coaches, officials and organizers faces many problems related to coaching camp and their attitude or expatiation towards the coaching camp is different. Scope of coaching is very wide and it is found in every step of life. There are some type or example of caching as Life Coaching (determining and achieving personal goals), Business

Coaching: (providing support to an individual or group in order to improve the effectiveness of their business.), Personal Coaching (an agreement between coach and client based on the client’s expressed interests, goals and objectives) Health Coaching (health and illness management), Relationship Coaching (improving success in dating and relationships), Conflict Coaching (matrimonial or other where client learns to improve conflict management skills and abilities), Project Coaching (management of teams), Situational Coaching (improvement of performance within a context) Transitional Coaching (between jobs or roles), Educational Coaching (improving academic success or family relationship and Sports Coaching (improving technique and performance) In games and sports every team member and owner of team wants to win the competition.

Material and Method

Subject-The subject for the study were selected from the coaching camp organized by M.D.University Rohtak in the session 2016-17 and 2017-18.

Tool: A self-prepared questioner was used for gathering the information. **Procedure:** On the first day of coaching camp questioner was distributed to all players those were attended the camp then explained purpose of questionnaire and procedure for giving the response and last day of camp questioner was taken back. Total 100 players gave response.

Statistical: To measure players attitude towards university coaching camp percentage method applied for each question.

Result

The finding of the study was represented in different tables –

Table - 1
Opinion of the Parents Respondent towards Participation in Sports

Sr. No.	Response	Responses	Percentage
1.	Yes	32	64%
2.	No	18	36%
Total		50	100

The table 1 shows that 64 percent respondents actively participated in sports at any level. While 36 percent never participate in their life at any level. The survey shows that most of the respondents are aware towards sports and personality belonging to games and sports.

Table - 2

Students' Opinion Regarding Parents Encourage you to Perform Better

Sr. No.	Response	Responses	Percentage
1.	Yes	43	86%
2.	No	7	14%
Total		50	100

As indicated by the table 2 86% respondents said that their parents encourage them to perform better, while 14% thought that parents do not encourage them to perform better. Some of the remote areas people are not in more favour of sports participation. But after the position/ medal of Haryana player specially of female players in common wealth and international level competition parents change their attitude and they encourage their ward to perform better.

Table - 3

Parents Co-operate their Ward in SPAT Training Programme

Sr. No.	Response	Responses	Percentage
1.	Yes	47	94%
2.	No	03	06%
Total		50	100

As pointed out in table 3, 94% parents co-operated their child in SPAT training programme and only few respondent parents 6% attitude has not co-operative. So it is observed that mostly parents co-operate their children in their training programme. They encourage and motivate them to perform better and better. They help them to fulfill basic facilities which they need for their training like proper diet, sports kit, clothing travel allowances etc.

Table - 4

Opinion of Students Respondent towards their Coach

Sr. No.	Response	Responses	Percentage
1.	Yes	42	84%
2.	No	08	16%
Total		50	100

The table 4 reveals that 84% respondents accept that their coach actively motivate them to perform better but 16% don't accept it. It can be judged from the above table that the attitude of coach is favourable towards promotion of sports. They motivate students to perform better.

Table -5

Students views towards Coaches/Trainers

Sr. No.	Response	Responses	Percentage
1.	Yes	40	80%
2.	No	10	20%
Total		50	100

It is apparent from the table 5 that 80% respondents think that trainers/coaches have fully potential in training/ coaching while 20% don't think so. It is clear from the above table on the behalf of the performance enhancing of their child most of parents accept the potentiality of coaches/ trainers.

Table - 6

Student view regarding Parents - Coaches Relationship

Sr. No.	Response	Responses	Percentage
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1.	Yes	20	40%
2.	No	30	60%
Total		50	100

It is evident from the table that 40% respondents coaches/physical education teacher have interaction with their parents and mostly 60% respondent coaches/ physical education teachers have not interaction with their parents. It is concluded that most of coaches/physical education teacher have not interaction with parents for promotion of sports.

Table -7
Student views towards Biasness of Trainer

Sr. No.	Response	Responses	Percentage
1.	Yes	22	22%
2.	No	78	78%
Total		100	100

The table shows that 22% respondents think that their trainer gives more concentration on some players in comparison to other while 78% don't think so. It can be easily judged from the table that few respondents think their trainers is biased. He gives more concentration on some players in comparison to other during training.

Table - 8
Student's views about the long Training effect on Study

Sr. No.	Response	Responses	Percentage
1.	Yes	56	56%
2.	No	44	44%
Total		100	100

It is clear from the table 56% respondent feel that long training session of coaching camp adversely affected their child study while 44% respondents don't feel like that it can be observed from the table that students think that due to the long training session they can not concentrate and they can't give sufficient time to their study.

Table -9
Opinion of Student towards camp Training

Sr. No.	Response	Responses	Percentage
1.	Yes	37	74%
2.	No	13	26%
Total		50	100

It is apparent from the table that majority of the respondent 74% accept that camp Training Improve their health standard and performance while 26% respondent don't accept it. It is concluded that their is a positive effect of camp training on students health and performance.

Table - 10
Satisfaction of Students towards Facilities and Infrastructure

Sr. No.	Response	Responses	Percentage
1.	Yes	23	46%
2.	No	27	54%
Total		50	100

It is evident from the table that 46% respondents are satisfied with the facilities and infrastructure at their training centers while 54% respondents are not satisfied. It is observed that most of the respondents accept that there is a lack of facilities and infrastructure at their training centers.

Conclusion

There is no doubt Haryana state has a vibrant sporting culture and to develop the sporting culture at grass root level Haryana again is the first state to implement a talent hunt programme - Sports and Physical Aptitude Test to choose promising players through a scientific approach. The trainer/coach plays a vital role in encouraging more participation in sports activity. The attitude of trainer/coach is favourable but they are helpless in lack of facilities and proper infrastructure. Equipments and latest machinery are necessary for sports promotion. Most of respondent accept that their centres have sufficient equipment. But these are not latest and not fit for competitive activities.

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