

Suicidal Ideation among Professional courses students

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ABSTRACTS

According to recent studies suicide claims many lives every year and suicide is seen as the third leading cause of the death. One of the commonly known causes of suicide is depression. The purpose of the present research was to study the Level of Suicidal Ideation between Professional Male and Female students. The Descriptive Study Design was employed, in which 30 Male and 30 Female Professional course students were included. The data on Suicidal ideation was obtained by using Suicidal Ideation Scale developed by Devendra Singh Sisodia and Vibhuti Bhatnagar (2011). They were in the age group of 18-23 years. The obtained data were analysed with the help of Mean, SD and Independent 't' test. The results indicated that Significant difference was found between Male and Female Professional students in Suicidal ideation .and It was found that female students were most Suicidal ideation than male Professional students.

Key words; Suicidal Ideation, Professional courses students.

Introduction

In the recent years it is being increasingly realized that the traditional Indian culture is undergoing considerable transformation under the impact of western education, urbanization and industrialization which constitute the broad process of modernization. In general, there is a wide spread feeling that most of the professionals are emotionally and socially

immature. In particular, present situations emphasis on personal growth as opposed to social development, non-committed attitude, inconsistency in behaviour across situation, increase in violence, corruption, indiscipline, social tension etc. have become part of the contemporary reality, experienced in everyday life of the people and same is true with professional students. The scholars in various fields have also recognized shades of their changes in their diverse manifestations. As a result, instability, unpredictability and ambiguity have become the major features of the contemporary social life.

These days' professionals are facing a wide range of challenges before them and they have to have the ability to counter these challenges if they want to be active members of the society. For this they have to acquire the characteristics of the socially mature person. But as soon as they enter in the professional colleges, they start acting like a machine without understanding the social issues and social development. Most of our professionals are committed to their professions but lacks commitment to basic human values, society and nature.

Life is becoming fast with the advancement of science and technology. Though man has conquered time and space to a great extent by the present level of scientific advancement, yet there is a great threat to his/her existence. The Indian society is becoming increasingly materialistic. Emotional and social pressure is

increasing day by day, especially at college students.

NEED FOR THE PRESENT STUDY:

Our society is becoming increasingly more and more materialistic. Emotional pressure is increasing day-by-day, especially at the adolescent stage in students. Unrest and frustration are occurring in almost all the spheres of their lives leading to imbalanced personalities in society and thus hampering its progress. Parents have no time to guide their children. This study intends to find out the Level of suicidal ideation between Male and Female Professional course students.

METHODOLOGY

PROBLEM:

To study the suicidal ideation among professional courses students.

OBJECTIVES

Keeping the problem of the study in view, the following objectives were drawn:

To study the gender difference in suicidal ideation among professional courses students

HYPOTHESES

To understand the difference between professional course Male and female students on the variables mentioned, the following hypotheses were framed.

There will be a significant gender difference in suicidal ideation among professional courses students

VARIABLES

➤ **Independent variables**

Gender

Dependent variables

Suicidal ideation

INCLUSION CRITERIA

- Students between the age group of 18-23 would be included under Graduate Students only.

EXCLUSION CRITERIA

- 1) Students who are mentally or physically challenged
- 2) Para professional course students. (nursing, pharmacy, etc.)

OPERATIONAL DEFINITION

1) Professional course

A professional student majoring in what are considered the professional degrees. These includes, law, medicine, engineering, architecture.

2) Suicidal ideation

Suicidal ideation has been defined “having thoughts, ideas and intentions about suicide and plan and wishes to commit suicide”. Suicide is the term used for the deliberate self-destruction of a human being by causing their body to cease life function.

Research TOOLS

The following tools were used to measure the Suicidal ideation of Professional courses students.

- 1) Semi structure interview schedule to obtain the demographic details.
- 2) Suicidal ideation scale by Devendra Singh Sisodia and Vibhuti Bhatnagar (2011)

RESEARCH DESIGN

Between groups design was used for the study.

SAMPLE

The Purposive Sampling technique was used to select the sample. On the whole, a total of 60 students were chosen as the sample. Among them 30 Male and 30 female Professional courses.

STATISTICAL ANALYSIS

Data was analysed with the help of descriptive statistics, mean SD, independent ‘t’-test. The statistical analysis was done with the help of SPSS 20.0 version.

RESULTS AND DISCUSSION

Table 1 Showing the mean difference, S.D and ‘t’ value between Male and Female professional course students in Suicidal ideation.

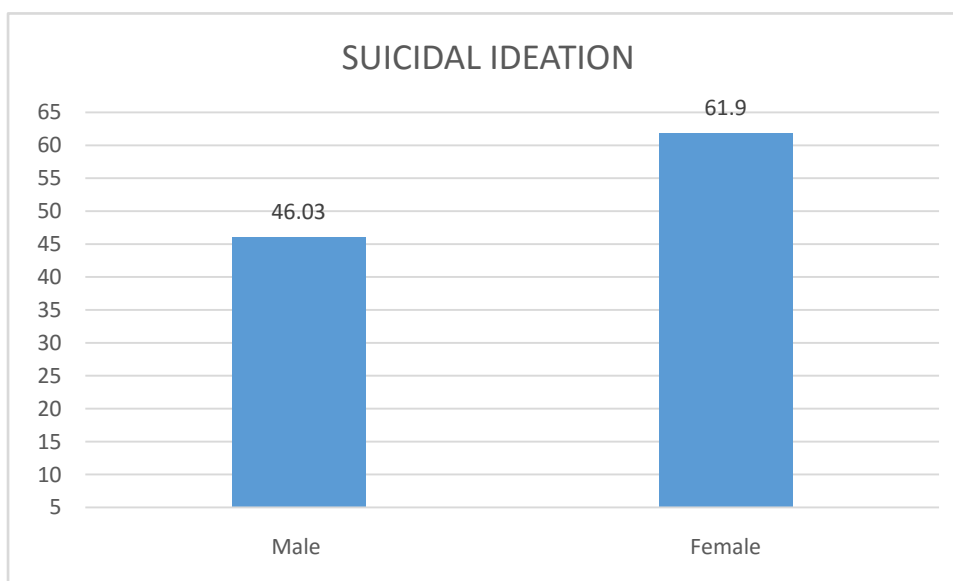
Variable	Group	N	Mean	S.D	‘t’ value
Suicidal ideation	Male	30	46.03	8.94	6.15**
	Female	30	61.90	10.91	

** Significant at 0.01 level

Table-1 Shows the result of Suicidal ideation between Male and Female within Professional course students. As per the above table, the mean obtained is 46.03 and 61.90, with the standard deviation being 8.94 and 10.91 in Suicidal ideation for male and female Professional course students respectively. and obtained ‘t’ value is 6.15, which revealed that it is Significant at 0.01 level. Hence, the

hypothesis that “There will be a Significant gender difference in Suicidal ideation with in Professional course students” **has been accepted.**

The following graph depicts the mean difference in Suicidal ideation between Male and Female within Professional course students.



CONCLUSION

Based on the finding of the present study, the following conclusions were drawn.

The present study aimed at studying the suicidal ideation among Professional students. It was hypothesized that there would be significant gender difference in Suicidal ideation among Professional course students. It was found that female students were most Suicidal ideation than male Professional students.

LIMITATIONS OF THE PRESENT STUDY:

- 1) The study was conducted only on a sample of 60 students.
- 2) The study was restricted to the colleges of Bangalore City only.

SUGGESTIONS FOR FUTURE RESEARCH:

- 1) The study was conducted only on a limited sample of colleges providing Professional Courses.
- 2) Non- Professional courses can be included in the future research to draw a more comprehensive picture.

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