

# Women Self-Empowerment: A Case Study Of Self – Confident Woman – Mrs. Suparna Some

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## ABSTRACT

*As said by Jane Austen “Give a girl an education and introduce her properly into the world, and ten to one but she has the means of settling well, without further expense to anybody.”*

*Women empowerment is the process of enabling and developing ability or potential in women so that they can think and act freely, exercises their choice and control their lives and thereby reducing discrimination and exploitation towards them. It is the process for women to redefine gender roles that allows for them to acquire the ability to choose between known alternatives that have otherwise been restricted from such ability. Recently Mrs. Suparna Some, from Khowai District, Agartala came into notice who found a proper way to utilize her education without getting mentally depressed. And she ultimately did it with grand success. Our main purpose of the study is to spread the idea that if a woman possesses a strong willpower and self confidence she can get success in any difficult situation also.*

**Keywords:** Women Empowerment, Education, Willpower, Self Confidence, Developing Ability.

## INTRODUCTION

There is no greater pillar of stability than a strong, free and educated woman, and there is no more inspiring role model than a man who

respects and cherishes women and champions their leadership. - Angelina Jolie

Women’s empowerment refers to the ability for women to enjoy their rights to control and benefit from resources, assets, income and their own time as well as the ability to manage risk and improve their economic status and well being. Empowering women aims to inspire women with the courage to break free from the chains of limiting belief pattern and societal or religious conditioning that have a traditionally kept the women suppressed and unable to see their true beauty and power. It is a tool of development not only of women but also of whole families and thereby a nation. It was rightly said by Pandit Jawaharlal Nehru that, “To awaken the people, it is women who must be awakened; once she is on the move, the family moves, the village moves and the nation moves.”

Empowerment can be viewed as means of creating a social environment in which one can make decisions and make choices either individually or collectively for social transformation. Entire nations, businesses, communities and groups can benefit from the implementation of programs and policies that adopt the notion of women empowerment. Empowerment of women is a necessity for the very development of a society, since it enhances both the quality and the quantity of human resources available for development. In particular, education empowers women to make choices that improve their children's health, their wellbeing, and chances of survival. Crucially, education can increase women's awareness of their rights,

boost their self-esteem, and provide them the opportunity to assert their rights. The National Curriculum Framework of Women also pointed out that, “Education of women is an important key to improving health, nutrition and education in the family and also empowering them to participate in decision making”. Moreover education enables women not only to acquire knowledge but also help them to achieve economic security, self-confidence, vocational and technical skills and guidance, good health and safety, courage and inner-strength to face challenges in every spheres of life and enable them to play equal role as men in nation-building.

It was noticed that in our state, in spite of having enough qualification many women were unable to do anything special in their life. Most of them are leading a life full of depression. This not only happens for the women but also for men and at the same time it was also noticed that few women ultimately succeeded in their life with their own efforts, though they did not get any help from government. Thought of such women influenced much which made us to spread the idea that, if a woman possesses a strong willpower and self confidence she can get succeed in any difficult situation also. So the present study was undertaken mainly to highlight the role of a woman self empowerment in difficult situations. And the case study reflects on the successful life of a woman named Mrs. Suparna Some, from Khowai District.

## OBJECTIVES

- To highlight the need of education in women’s life.
- To motivate women for their self empowerment.
- To study the barriers of women self empowerment.

## METHODOLOGY

The data was collected through an interview with help of pre prepared questions. Questions were related to the establishment of her school, personal matters which was willingly given, and also how she achieved success.

## SUCCESSFUL STORY

It was noticed that in our state, in spite of having enough qualification many women were unable to do anything special in their life. Recently we came across a woman named Mrs. Suparna Shome from Khowai District, who in spite of having master degree and also with so many extra qualifications was been turned out by many. Yet she was not mentally depressed. She began to think how to find a proper way to utilize her education. She decided to set up a school and ultimately achieved grand success in her step.

Mrs. Suparna Shome, through her own effort has made a nice platform for her. After completion of her graduation B.A, she left no stone unturned to get a job, but failed to it. Then she thought another way to become self sufficient. She got admitted in a Montessori training college and completed the course successfully. After the completion of her course she thought to set up a nursery school and she did so. She started the school with twelve students, two teachers and one group D staff. She thought to enrich her knowledge more and for this purpose she got admitted in IGNOU and completed her M.A. degree.

After 1 year she got married to a person who worked in a private company. His salary was not so high. So it was difficult for them to run their family expenditure with this small income. In spite of facing mental pressure from different sides she did not lose her courage and willpower. She decided to upgrade her school authority. Ultimately she upgraded her school

up to class I with a hope to make it a high school. At present the school is running successfully with more than 100 students.

Initially she started her school with twelve students and two teachers and one group D staff but at present she engaged seven teacher teachers on different subjects who are qualified and trained. At the first stage a few people of Khowai knew the name of the school but soon its name has spread all over the district. Now it is a renowned school of Khowai district.

### **CONCLUSION**

It is rightly said that “Education is milestone of women empowerment because it enables them to responds to the challenges, to confront their traditional role and change their life.” It is also evident that education increases women's self-confidence and enables them to find better jobs and they can work shoulder to shoulder with men. In particular, education empowers women to make choices that improve their children's health, their wellbeing, and chances of survival. Women are essential possessions of a lively humanity required for national improvement, who bring bright future in our country. Empowerment can be viewed as means of creating a social environment in which one can make decisions and make choices either individually or collectively for social

transformation. The empowerment strengthens the innate ability by way of acquiring knowledge, power and experience.

The outcome of the study suggests the factors that are responsible for the good performance of individual efforts. Further the study highlights the role of a woman who is trying to spread the education in difficult situation. It also inspires other women to take a bold step in their life to make their future bright. The success of our study on a woman depends on its critical study of the woman who is of mentally strong. Nothing is impossible if a person possess the quality of self confidence and strong will power. Such person is sure to achieve success, whatever comes in the way.

### **SUGGESTIONS**

Donors must come forward for the development of the infrastructure of the school. Local retired teachers can provide their service. Government has to take initiative in imparting special training programs for teaching staff. Provision of imparting skill training to women, so as to enable them to start their own income generating activities must be undertaken. Development of Women Studies must be encouraged among women and their social mobility.



Mrs. Suparna Some, Principal of the school



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