



THE EFFECT OF SOCIAL NETWORKS ON YOUTH'S SPIRITUALITY

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Abstract. The article explores the influence of social networks on youth's morality and culture. It analyzes the role of social networks in the formation of the spiritual world of youth. Moreover, it expresses measures in order to preserve youth spirituality.

Key words: Spirituality, ideology, Internet, social networks, youth, thinking, youth consciousness.

Nowadays, some people hold the opinion that the internet has pros and some people consider its cons. In fact, the problem is not how bad or good internet is, but how it is utilized.

It is hard to count the positive or negative aspects of the internet and social networks. Moreover, it is also hard to measure the limits based on their specific criteria. Because the capabilities of the modern information technologies are being expanded and the experts also have not expressed their positions yet. However, as we are aware that the social networks have being become famously and attractively due to consideration them as source of opportunities.

According to static data, more than 50 percent of people get the news through social networks. The two of thirds of investigators' expose crimes on basis of using information from the social networks in the world. The internet helps to find job to every sixth unemployment. In general, the social networks are effective tool for self-development, development of societies, and effective way to help people¹.

As there are two sides of the coin, we cannot ignore the negative effects of the internet and social networks. Nowadays, there are some youth who are impacted by social networks and it caused them to have psychological problems. The experts hold opinion that the activity of social networks impact negatively on the morals and culture of some youth. Moreover, it is usual to hear from parents

¹История появления термина «Социальная сеть». www.social-networking.ru/article/social-networking-termhistory



that their children have been accustomed to computers and tablets even at night times.

Based on this, as we look for the initial aspects of youth interest in social networks, firstly, we need to focus on the processes of adaptation of youth to society, to environment, and to family members' relations. As we know, children start to show their desires, wills, interests and emotions in different games. In other words, it means that children start to imitate them in daily life and actions. They put all their toys in line and play their imaginal games. It causes them to create their own life in mind. In meantime, the children play their favorite toys and give them names and confirm them, for example "this is my daddy and this is my mommy". During the game, they visualize the roles, thoughts, emotions and it provides them pleasure.

The distinctive features of the social networks in internet is creation of virtual world in which they do not only have observation and feelings but they can move independently.

In internet, the human is able to create its desired space, virtual world, able to access to desired places and can participate in all interactive relations. Therefore, the participation interest of youth is high.

The social vulnerability of youth is strong in adolescence. The youth are more likely to embrace the virtual universe than the real life morals. As a result, the youth prefer to communicate and move in social networks rather than real life. Even, the youth cannot feel free, face difficulties in communication and relations aspects of the real life.

According to British neurologist Suzanne Greenfield, the children who were addicted to the social networks lose the sense of sympathy and were not blushed when they were talked, did not worry the inner feelings of their interlocutors', did not chat and try to have interactive conversations. The scholar cited that 70 percent of perception can be acquired through nonverbal information. In social networks, the analyze function of brain is disabled. There communication goes through any person over any topics².

Some psychologists say that social networks help to youth not to be feel lonely and escape from despair. However, the reality is totally different, the youth

²СьюзанГринфилд. Ребенок, воспитанный на социальных сетях, теряет способность к сопереживанию.<http://theoryandpractice.ru>



are accustomed to be center of attention and conversation, as the consequences of it, the youth have trouble with negligence. Afterwards, they are depressed or get involved into the virtual world, time by time they would cut the relation with the world. The youth that are addicted to the social networks can not easily get into conversation or interaction with people. They are not able to determine white from black, are not able to have friends, are not able to speak skillfully and are not able to express the condolences.

As Suzanne Greenfield studied it theoretically and claimed that the addiction to social networks cause to diminish morals. She cited that the sense of responsibility is decreased and cause them to imagine themselves as in networks. As a consequence of it, the adaptation to environment occurs. The worst thing is they imitate it in their real life as well.”

It is worthy to remember that above-mentioned examples and circumstance are not far away from us. The reality of the situation that our youth are facing them. Therefore, we need to develop the culture of using internet in our youth and teach them the positive and negative aspects of the information communication technologies.

It is required a special attention to nurture children in Uzbek nations. The family teaches them to distinguish good and bad deeds. By hearing the stories, fairy tales and poems the children are able to distinguish good from bad. Therefore, adolescents should know and share the benefits of the internet to youth in order to them be able to distinguish between good and bad in the internet.

Therefore, the role of ancestors is significant in nurture the children how to use the internet and social networks. Perhaps they are not aware of using technologies, but it is important to educate the child's consciousness in order to put the spirit of nationality in his/her heart.