Value Orientations Of The Eastern Family As An Essential Factor Of Personalization Of Personality

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**Abstract:** In this article, we reveal the main approaches to determining the value orientations of a person developing in the process of family interaction, the mechanisms of transformation of the value-semantic components of the life worlds of spouses, and determine the trends in the formation and development of family values in modern Uzbekistan. It is necessary to directly appeal to the values that determine the content side of the personality’s orientation and form the basis of its relationship to the world around it, to other people, to itself, the basis of worldview and the core of human life activity.

**Key words:** society, morality, housing, humanism, young family.

Almost all of our lives are built on the basis of the family. From birth to adolescence, we live in the house of our parents, and after a few years we get married and create our own family. The family, being one of the cells of any society, is also a school of love, morality, a source of the most sacred values of a person. Today, when various socio-political shifts in the world are happening very quickly, as never before, strong family ties based on unshakable values are very important. The first President of Uzbekistan Islam Karimov also noted the need to strengthen relations in the family: “The main goal that confronts us is to strengthen the institution of the family as the main link in our society, increase the work to support a young family, strengthen the role and importance of the wave, increase the role of the family in raising a healthy, spiritually mature and harmoniously developed generation, since the well-being of the family is the basis of well-being”.

By analyzing the data on which people make up the idea of each other, we can form the following list of the main areas of interest-companions of an ordinary modern person: profession, family, hobbies, family, education, leisure, communication with animals, housing, humanism and the desire to show it, faith, health, material well-being. On their basis, one can single out the basic values that

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may be characteristic of a typical family: love as a form of realization of one’s spiritual needs; care for loved ones; the opportunity to be the object of care, support, children, procreation, health, interesting joint pastime, joint housekeeping as an option of comfort, home improvement, physical and psychological rest, financial support etc.²

The system of values enables the individual to decide what is significant and important for her in marriage and family life. These values can be children and their health and well-being, love, affection, tenderness, caring on the part of the partner, material well-being of the family and satisfactory living conditions, health of both one's own and that of the other partner, good relations with parents and relatives of both, the opportunity to fully surrender to your favorite work, your favorite profession, success and career.

The diversity of value systems serves as a natural basis for the individualization of the individual, and therefore the system that provides such diversity has the greatest stability. It must be emphasized that the system of family value orientations is not constant throughout its entire life cycle, but terminal values such as “love” and “health” remain unchanged.

Spouses who know each other's value system well can anticipate partner behavior. This knowledge of values and their skillful application in life helps to prevent interpersonal conflicts of the couple, as well as relationships with children. Moreover, this knowledge can rally its members, enrich, and allow the family to become more spiritually filled.

The following values are very important for the Eastern family: “Honoring the elders, authority of the head of the family, family unity, respectful subordination in communication, respect for family traditions and so on, as a rule, are the predetermining family values”³.

In addition, the family values of all the peoples of the world are a happy family life, honesty, which is the continuation of any relationship, responsibility, good breeding, education, kindness, accuracy, freedom, faith, conscience and other qualities. An important value in family life is forgiveness. As H. Tsychen wrote: “When someone at home commits an offense, you do not need to attack him with reproaches, but you should not pretend that nothing happened. If it is inconvenient to talk about this offense directly, give a hint, giving an example suitable for the case. If you are not immediately understood, repeat your instructions day after day, and they will take effect just as the spring wind accelerates the cold and the warm air melts the ice. Here's how to behave in family life".⁴

Communication is also a valuable link in building relationships between people. Lack of communication leads to the fact that small issues grow into larger ones, which end in quarrels, avoidance, divorce. Family membership is very important as one of the factors of family well-being. Indeed, it is very important that every member of the family feel that they love him, that he belongs to someone, and that he is significant. This means taking into account the feelings, thoughts, needs and preferences of others when making decisions. It also means recognizing and appreciating the opinions and participation of the family as a whole.

Caring for the older and younger generation in the family is another of the valuable family orientations of all mankind. Leonardo da Vinci, a scientist, artist, inventor, writer and musician who lived in the Renaissance, wrote the following: “From our parents we received the greatest and priceless gift - life. They nurtured and nurtured us, sparing neither strength nor love. And now, when they are old and sick, our duty is to cure and go out of them. "When educating a child’s personality, according to Catherine the Great, the following is necessary: “Every parent should abstain from his children not only from deeds, but also from words that tend to injustice and violence, such as swearing, oaths, fights, all cruelty, and so on. such acts, and to forbid those who surround his children, to give them such bad examples”.

It is necessary to emphasize the especially important role of traditions that make a family unique, unite people and create a sense of belonging among all its members. Understanding, realizing the priority of family relations in the life of each person, as well as the formation of the moral and spiritual image of a person, the government of our state pays special attention to programs for the protection and development of a strong family, and also monitors their implementation.

**Literature:**