



Bibliography of Drug, Substance and Alcoholic Abuse

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Abstract

Problematic drug, alcoholic and other substance use continue to be a significant public health concern. Adolescents at risk for drug, alcoholic and substance abuse seem to be at risk for numerous other problem behaviours with potentially negative personal and social consequences. The aim of this work is to enrich the discourse on the aforementioned issues by articulating in one piece, diverse reference sources on various sub-themes relating to them globally. This will immediately show readers the all pervasive nature of issues of drug, substance and alcoholic abuse and the necessity of a drug free society for a better tomorrow.

Key Words: Bibliography; Drug; alcohol; Substance Abuse

Introduction

Today illicit drug production, trafficking, consumption and abuse has spread at an alarming proportion and has reached every part of the globe to the extent that no society is immune from the devastating effects caused by drugs. The damages done by drug, substance and alcoholic abuse are so enormous that our morality level is drifting at an alarming rate leading us to all sorts of drug, substance and alcoholic crimes such as road accidents, accidents at work places, disabilities and mental health problems. The

evil effects of drug, substance and alcoholic abuse on the society are also seen in the area of crime – like stealing, assault, violence, demonstrations, students' unrests, rape and armed robbery, low productivity and family disintegration. This makes the larger society to be unsafe to live.

From the foregoing, it will be noted with concern that the issue of drug abuse is seriously affecting the fundamental of national development, posterity, security and the emergence of vibrant and resourceful youths. This has generated a lot of concern among various governments, civil society groups and non-governmental organizations. Drug, substance and alcoholic abuse stem from various issues which include but not limited to unemployment, poor parental care, anxiety, frustration, economic depression, peer group influence, ignorance, curiosity and self medication.

Initiatives for drug free societies have been diverse and more awareness is being explored to effect that. It is in the spirit of promoting a drug free society that Nigerian Drug Law Enforcement Agency (NDLEA) was formed in 1999. Since its inception (NDLEA), it has focused its strategies to effectively eradicate drug, substance and alcoholic scourge in all ramifications in Nigeria.



The essence of this bibliography is to educate and prepare a generation conscious of the dangers/problems inherent in drugs, substance and alcoholic abuse and hence be proactive in avoiding or quitting them. This work is essentially a bibliography on drugs, substance and alcoholic abuse in Nigeria, Africa and beyond.

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