

Suicide Potential and Self Esteem

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Abstract:-

The word Suicide or suicidal are used in everyday life to refer to self behaviour. Suicide Potential refer's to cognitious that can vary from fleeting thoughts that life is not worth living, via very concrete well thoughts out Plaris for killing one self to an intense delusional Preoccupation with self destruction (Goldney. 1989). According to Dr. Anjli Sharma Suicide Potential refer's to any deliberate act with non Latal outcome that might cause or actually causes self harm. That consists of ingesting a substance in excess of its generally recognised or prescribed therapeutic dose. Suicide is a style of death that is the direct or indirect result of a positive or negative Act by the victim. Knowing the act will produce this result (Maris, 1991). In the most of cases a warning is given before committing suicide. Often the warning had been given to more than one Person (Robins, 1959) about one in Six people committing suicide, Leaves notes (Barrac Lough 1974).

Introduction:- A recent study strongly suggest that many accidents among Preschoolers may actually be deliberate attempts at suicide (Rosenthal 1984). Some Psychologist suggests suggest that the Low Level of self esteem in adults, Provoking them to take their own Lives, several warning signs indicate when an adult's problems may be serve enough to warrant concern about the Possibility of a suicidal attempt. In fact various estimates suggest that as many as two houndred People may attempt suicide for every Person who successfully takes their own life Hawton (1986). Berman and Jobes (1991). Gelman (1994).

Objectives :

To examine the relationship between measures of self esteem and suicide Potential.

Hypothesis :

The measure of self esteem is likely to have negative relationship with the measure of suicide Potential.

Sample :

One hundred graduate students of various Departments participated in the present study. Included in the sample because some research findings have indicated sex differences in suicide. The Participants of the present study

ranged between 20 to 22 years of age. The tests were administered on the sample in group setting.

Measures :

The following test were used in this study :

Time questionnaire to Robert Yufit and Bonnie Benzies (1979). The Time questionnaire is a semi Projective Personality assessment Technique that explore and quantitative assess suicide Potential. This is composed of three forms of items. Multiple Choice items, opened questions and rating scales. This scores provide and index of the time perspective that has been found to correlate with suicide. This test dived into three sections. Present, future and past. And each section is scored separately the sum of the three section scores yields the total TQ score TTQs.

But some studies suggested that sometime suicide occurs due to having Low Level of self esteem. The meaning of self esteem is the positive attitude and regards about self. The self esteem develops on the basis of information about the way we are and the way other's see us. The self esteem has negative relation with suicide Potential. According to Dr. Jitender Kumar suicide among adults often



occurs in conjunction with self esteem or depression. Some times problems of the adults become so extreme that they take their own Lives. It is not clear why suicide has increased so dramatically over the past few decades.

The TQ Present section consists of fifteen items which provide information about the degree of trust, depression impulse, mood states, strength, weakness and habit Pattern currently existing. The future section consists of seventeen items. This section solicits recall of post experiences and the degree of the persons' satisfaction with the present. It is assumed that the recall of the past will be different for the suicide prone person than for the non suicidal person. The suicide Prone Person will feel fitter, conflicted or guilty about many past experiences, whereas the non suicidal person's view of the past will be more nostalgic.

Self esteem inventory (SEI) : Cooper simith (1989). Self esteem is set of attitude and beliefs that a person brings with him whom facing the world. All SEI items are short statements and are answered 'likeme' or 'unlikeme'. SEI are of Three types:

- I. The school from
- II. The school short from
- III. The adult form. The adult form is used with persons aged sixteen and above. It consists of twenty-five items. The adult form is usually self administered. Scoring of SEI as given below :

Table-1

Frequency Distribution of the Scores on the Measure of Suicide Potential

Class Interval	Suicide Potential
1-10	20
11-20	50
21-30	17
31-40	11
41-50	02
Mean	18-58
SD	11.56

(a) Score negative items correct if they have been answered 'unlike me'.

(b) Score positive items correct if they have been answered 'like me'.

Administration of Tests :

As already mentioned the questionnaire were completed by all the subjects setting during a determined Period. The researcher did not administer the questionnaire eliminating the possibility of any researcher bias that may have existed. Instructions were kept to a minimum with emphasis being even only to the requested honesty of the responses. The time limit given in the respective manuals were followed. Hand scoring was done by using separate scoring keys for different tests as Prescribed by the respective author's. Time questionnaire and self esteem scale were scored for one score each. The data were Processed to obtain the frequency distribution, means, standard deviations, skew ness kurtosis and correlational analysis by using method of product movement method.

Analysis and Discussion :

Analysis and discussion of the result is one of the most Important those of any research work since statistical treatment given to raw data is analyzed for verification of hypothesis which has been formed and taken into consideration for the objectives of research.

SK	.27
KU	-0.93
r	.50

Table-2

Frequency Distribution of the Scores on the Measure of self Esteem

Class Interval	Self Esteem
8-11	14
12-15	50
16-19	27
20-23	09
Mean	15.42
SD	3.32
SK	-0.04
KU	-0.49
r	.50

The table one and two one showing the frequency distribution of suicide potential and self esteem respectively with mean, SD, SK, KU, and correlation between suicide potential and self esteem.

Table-3

Description of Factors

SP(-)	Suicide Potential, a measure of suicide Potential	.84
SE (-)	Self esteem, a measure of self esteem	.64

In table three the obtained factor is bi-Polar in structure the measure of suicide Potential has yielded very high Negative Loading .84 here in the factor. The negative Loading of measure of suicide potential here posits the positive association because of its scoring procedure. Higher the negative loading on this measure shows Lower Level of suicide Potential. The negative Pole represents the measure of self esteem with the Loading of .64. Two kinds of measure of self esteem have yielded moderate positive correlation to .50. Here the positive correlation depicts the negative association. Thus, obtained correlation Posits that person having low self esteem are of more Prone to develop high level of suicide Potential.

Conclusion :

This research verify the hypothesis that the self esteem is likely to have negative relationship with the suicide Potentiality. The results are depicting that Low level of self esteem is significant correlates of suicide

Potential it has portrays the Persons tended to be high on vulnerability of suicide.



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