



Genetic Predisposition to Infection

Hepatitis C Virus Type

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ABSTRACT:

Hepatitis C infection (HCV) infection and diabetes mellitus are two noteworthy general wellbeing issues that cause obliterating wellbeing and money related weights around the world. Diabetes can be characterized into two noteworthy sorts: sort 1 diabetes mellitus (T1DM) and T2DM. T2DM is a typical endocrine issue that incorporates multifactorial instruments, and T1DM is an immunological interceded infection. Numerous epidemiological studies have demonstrated a relationship amongst T2DM and unending hepatitis C (CHC) infection. Both reactions to treatment and additionally unconstrained result of hepatitis C infection is fundamentally influenced by host hereditary components. Nonetheless, the vast majority of the recognized affiliation qualities couldn't be affirmed in consequent studies and none of the distinguished danger variables noticeably affected clinical choices. Interestingly, late land-mark thinks about recognizing varieties in close nearness to the interleukin 28B quality locus to be autonomously related to treatment reaction and unconstrained viral leeway in hepatitis C genotype 1 infection.

INTRODUCTION:

Hepatitis C infection (HCV) infection and diabetes mellitus (DM) are two noteworthy general wellbeing issues that cause wrecking wellbeing and money related weights around the world. Diabetes can be arranged into two noteworthy sorts: sort 1 (T1DM) and T2DM. T2DM is a typical endocrine issue that incorporates multifactorial instruments. These systems incorporate impervious to the action of insulin, expanded hepatic glucose generation, and a deformity in insulin discharge, all of which add to the improvement of clear hyperglycemia. T1DM is an immunological intervened sickness. Anticipation and treatment of T1DM are hampered by the way that the key immunological instruments of the pathogenesis of the sickness are still under open deliberation. Be that as it may, a Th1 resistant reaction is included in β -cell decimation and the significance of islet autoantibodies has been highlighted.

HCV is the primary explanation behind liver transplantation in the created world and the fundamental driver of liver-related dismalness and mortality in various nations,

including Italy. This infection is not just an incessant reason for endless liver maladies, including hepatitis, cirrhosis, and hepatocellular carcinoma (HCC), however it is additionally required in the pathogenesis of different immune system and rheumatic issue (e.g., Joint pain, vasculitis, sicca disorder, porphyria cutanea tarda, lichen planus, nephropathies, and lung fibrosis) and in the advancement of B-cell lymphoproliferative sicknesses. Infection with the hepatitis C infection (HCV) regularly prompts perpetual ailment which is connected with an upgraded hazard for the advancement of liver cirrhosis and its sequel. Around 200 million people are constantly contaminated around the world. Also, about 33% of HIV-infected people in Europe and the US are co-contaminated with HCV. Accordingly, perpetual hepatitis C is a noteworthy wellbeing issue around the globe.

At present, a blend of pegylated interferon- α (peg-IFN- α) and ribavirin speaks to the initiation of HCV treatment, prompting a supported virological reaction (SVR - characterized as the nonattendance of HCV RNA at week 24 after the conclusion of treatment) in around half of

patients. In whatever instance, the amount of patients who eventually agree to and get advantage from the treatment regimen is thought to be notably lower in clinical practice. The performance of new direct acting antiviral medications (DAAs, for example, telaprevir and boceprevir in the treatment of HCV genotype 1-contaminated patients are prone to enhance response rates. Be that as it may, treatment disappointment likewise happens in this scene. HCV genotype and HCV viral burden are viewed as real determinants of response to treatment in HCV infection. Nevertheless, expanding information plainly show host hereditary qualities to likewise fundamentally impact reaction to treatment. A superior comprehension of these hereditary variables may empower the improvement of individualized treatment calculations prompting expanded cure rates and better quality and security of consideration, and may likewise allow novel remedial methodologies. Up to this point, our insight into the pertinent host hereditary components was fairly constrained for two principle causes. Initially, numerous works have experienced problematic study plan, which is a typical issue in the hereditary

affiliation writing. Second, until the most recent decade the vast majority of the recognized host hereditary elements were the aftereffect of single competitor quality studies.

RELATIONSHIP BETWEEN CHC AND THE DEVELOPMENT OF T2DM

The liver assumes an essential part in starch digestion system, and liver maladies, for example, unending hepatitis and cirrhosis are connected with a higher commonness of exasperates glucose homeostasis, debilitated glucose resilience, and insulin resistance (IR), which can in the end lead to DM. Asymptomatic, moderate serum aminotransferase rise has as often as possible been found in patients with DM, especially in those with T2DM. This wonder has regularly been identified with greasy penetration of the liver without further examination. Specifically, statues have been identified with IR and T2DM, past intracellular fat gathering. Liver fibrosis movement has also long been supposed to be in charge of the advancement of IR and T2DM in patients with unending liver maladies. Be that as it may, diabetes frequently happens in the early stages of

liver complaint. The ideological components that underlie the improvement of glucose homeostasis adjustments were at first thought to be simply placed with general long haul hepatocyte harm. However, later studies showed that patients with hepatitis B infection have a lower predominance of T2DM contrasted and HCV-infected patients. In this fashion, the inquiry is as per the following: "Does HCV infection itself have diabetogenic activity?" Since the disclosure of HCV in 1989, consideration has been compensated to the relationship of

Couple of information on this affiliation have been accounted for, and distributed studies have demonstrated just little extents of CHC patients positive for one or more markers of pancreatic autoimmunity. Indeed, even rarer are reports on the possible relationship between immune system diabetes and intense HCV infection. Only two events have been portrayed in the authorship. A few official documents have been projected to begin the operation. Irrespective of the possibility that HCV can taint extrahepatic tissue in patients with hepatitis C, no immediate contribution of HCV in the onset of T1DM has been made up however. In whatever instance, the

CHC with the progression of DM. Moreover, from 1994 as of not long ago, a few epidemiological studies on the seroprevalence of HCV have demonstrated higher prevalences in diabetic patients than in controls. In addition, investigations have demonstrated a higher pervasiveness of DM in patients who are seropositive for HCV than in controls without HCV infection.

HCV-INFECTED PATIENTS WITH T1DM

immediate devastation of β -cells from viral infection could be a nice clarification. Past the undemonstrated direct instruments, HCV infection without a doubt starts an invulnerable response against β -cells or does an increasing speed of diabetes onset when an insusceptible response against β -cells is as of now present. A few authors have likewise recommended the inclusion of a procedure of sub-atomic mimicry as a initiation of HCV-associated autoimmunity. For sure, glutamic corrosive decarboxylase (GAD) 65 offers amino corrosive grouping likenesses with antigenic locales of the HCV polyprotein. Of interest, HCV/self-homologous autoantigenic locales are

additionally copied by other microbial specialists. Such imitates may offer ascent to β -cell autoimmunity through a various hit system of sub-atomic mimicry. Cross-responsive safety does not reject the conceivable association of extra variables, for example, proinflammatory cytokines, which may act in the show, prompting the improvement and/or maintenance of pancreatic autoimmunity amid intense HCV infection. Another plausibility is the incitement of immunized reactivity against GAD and the improvement of out and out diabetes, interceded by IL-18 and other proinflammatory cytokines. Specifically, IL-18 is dared to assume a pathogenetic part in T1DM, particularly on the grounds that this cytokine seems, by all accounts, to be involved in increasing speed of the advancement of unmistakable ailment. IL-18 can actuate both Th1 and Th2 reactions, contingent upon the encompassing cytokines, and this cytokine assumes a pathogenic part in a few illnesses, including intense hepatic damage. Other proinflammatory cytokines, for example, TNF- α and IL-1 β , which are raised in patients with intense hepatitis, can likewise affect immune system diabetes.

OTHER IMMUNE ASPECTS OF HCV ASSOCIATED WITH T1DM OR T2DM

Input aspect has been accounted for in both T1DM and T2DM, and in light of the immunology, plainly the lines, isolating T1DM from dormant immune system diabetes in grownups (LADA) and T2DM are not all around outlined. The sort of diabetes showed by patients with CHC is not traditional T2DM, and the marking of HCV patients as having T2DM is simply ordinary and conceivably off base. The lines isolating T1DM from LADA and T2DM are blurring endlessly as new pathogenetic data is acquired. Three studies have reported that HCV patients with T2DM are leaner than T2DM controls and show altogether bring down low-thickness lipoprotein-cholesterol levels and systolic and diastolic blood pressures. Moreover, patients with HCV-related blended cryoglobulinaemia (MC + HCV) and T2DM had non-organ-particular autoantibodies all the more every now and again (34% versus 18%, individually) than did non-diabetic MC + HCV patients. An insusceptible interceded system for MC + HCV-related diabetes has been hypothesized, and a comparative pathogenesis may be included in diabetes in

HCV patients. This speculation is reinforced by the finding that immune system markers are more normal in T2DM patients than beforehand suspected. Be that as it may, as the pervasiveness of great β -cell immune system markers is not expanded in HCV patients, other invulnerable markers may be included.

Chemokines could be imperative in this setting. Truth be told, in kids with recently analyzed T1DM, raised serum CXCL10 and ordinary chemokine (C-C theme) ligand 2 fixations flag a dominantly Th1-driven immune system process, which shifts toward

Th2 resistance 2 years after analysis. Taking into account the aforementioned ideas, HCV infection of β -cells may act by upregulating CXCL10 quality expression and emission (as beforehand appeared in human hepatocytes) and selecting Th1 lymphocytes that emit $\text{IFN-}\gamma$ and $\text{TNF-}\alpha$, which impel CXCL10 discharge by β -cells and in this way propagate the insusceptible course. This course may prompt the presence of β -cell brokenness in hereditarily inclined subjects. As of late, certain studies have affirmed this speculation, showing higher serum levels of CXCL10 in HCV patients with T2DM than in those without.

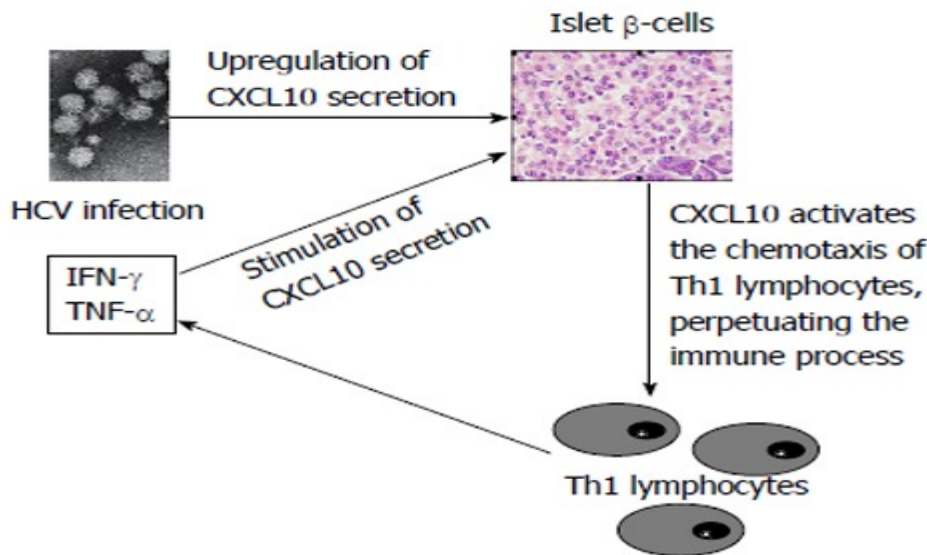


Figure 1: Potential direction of the endocrine signs of hepatitis C infection in islet β -cells. Hepatitis C infection (HCV) infection may act by upregulating CXC chemokine ligand (CXCL) 10 quality expression and the consequent discharge of this chemokine by islet β -cells. These

occasions lead to the enlistment of Th1 lymphocytes that discharge interferon (IFN)- γ and tumor corruption variable (TNF)- α , which impel chemokine emission by islet β -cells, in this way propagating the invulnerable course. This course may prompt the presence of immune system thyroid issue in hereditarily inclined subjects.

Effect of IL28B variants on treatment response in genotype 1 HCV infection

In 2009/2010, four free GWAS breaking down reaction to treatment in patients with HCV genotype 1 infection were distributed from focuses in North America, Japan, Australia and Europe (Table II). In these studies, SNPs in close vicinity to the quality encoding IL28B were observed to be altogether connected with treatment reaction. The investigated a companion of 1,137 patients with ceaseless hepatitis C, including patients of Caucasian, Afro-American, and Hispanic heritage, and distinguished a solitary nucleotide polymorphism (SNP) (C>T; rs12979860) 3 kb upstream of IL28B quality to be firmly connected with a good treatment reaction. This SNP was associated with a two (European and Hispanic ancestry) to triple addition in SVR rates in transporters of the ordinary homozygous allele (CC) when diverged from bearers of TT or TC genotypes (general accessory, $p=1.37 \times 10^{-$

28). Of note, in a multivariate backslide examination the IL28B genotype was gave off an impression of being a predominant free pointer of SVR than set up threat markers, including viral weight, hepatic fibrosis stage, or ethnicity. Strikingly, the repeat of the immense response IL28B allele differentiated basically between Afro-American and Caucasian patients (Afro-Americans: C allele repeat = 64%, versus Caucasians = 89%), and it was surveyed that this case of genotype flow may illuminate about segment of the refinement in like manner rates between the Caucasian and Afro-American patients.

The most hoisted repeat of the immense response allele has been found in patients of Asian family, which is as per reports on higher SVR in Asian peoples. In this way, it is in the blink of an eye extensively recognized that various frequencies of IL28B genotypes between ethnic peoples may underlie most of the racial differences in IFN- α treatment response. This solid

relationship between allelic variations around the IL28B quality and reaction to IFN-based treatment of interminable hepatitis C genotype 1 infection has been affirmed in three different GWAS. In these studies rs8099917, a SNP that is found 8 kb upstream of IL28B gene and is in linkage disequilibrium with rs12979860, was found to show genome wide relationship with SVR. Numerous subsequent studies have reproduced the relationship of rs12979860 and/or rs8099917 polymorphisms and result of HCV treatment in various partners. Of note, these SNPs are in solid linkage disequilibrium and tag a typical haplotype in Caucasians and Asians. In this way, breaking down either SNP is liable to give comparative data. Just in Afro-American patients rs12979860 is a more grounded indicator of SVR than rs8099917.

Non-genotype 1 HCV infection

A couple of concentrates on displayed that the relationship between IL28B varieties and treatment result in patients corrupted with genotype 4 is all in all like that saw in HCV genotype 1 infection. In the more IFN-delicate HCV genotypes 2 and 3,

regardless, the through and through effect of IL28B genotype on SVR rates is weaker than in genotype 1 HCV. Rauch and accomplices included 230 patients with HCV genotype 2 or 3 in their GWAS. Instead of genotype 1 debased patients, there was no basic relationship between IL28B genotype and treatment response, disregarding the way that there was an example towards higher SVR rates in patients passing on a fair response genotype. This may, at any rate to some degree, be elucidated by heterogeneous study arranges (unmistakable ethnicities, variable range of treatment and dosing of ribavirin) in rather little partners. Further inevitable studies including greater partners of all around portrayed patients are supported to clear up this issue.

Table I. List of genetic variants that have been identified in candidate gene studies

Gene	Associated variant	Ancestry	Association
IL-6	-174 C/C	Caucasian	Natural clearance
IL-10	-1082 A/G rs6693899; G/T rs6703630; C/T -592 C/A	Caucasian	Natural clearance
IL-12	-1188 A/C -1188 A/C	Caucasian Natural clearance	SVR
IL-18	rs1946518; -607 C/A rs187238; -137 G/C	Caucasian	SVR
IFN- γ	rs2069707; -764 C/G	Caucasian	Natural clearance/SVR
TGF- β	-509 T/C	Asian	Natural clearance
TNF- α	-308 G/A	Asian	SVR
CYP27B1-1260	rs10877012	Caucasian	SVR
CCR5	CCR5 Δ 32 CCR5 Δ 32	Caucasian Caucasian (women)	Susceptibility to infection Natural clearance
RANTES	Haplotypes	Caucasian	SVR
KIR	KIR2DL3 KIR2DL5	Caucasian	SVR non-SVR

HCV/HIV co-infection

HCV co-infection is a typical element in HIV-positive patients. A few competitor quality studies affirmed the impact of the IL28B genotype on reaction to HCV-particular treatment likewise in HCV/HIV co-tainted people. In a Spanish partner, concentrated on by Rallón and associates, bearers of the great reaction C/C genotype (rs1297960) were essentially more prone to accomplish a SVR contrasted with patients with a non-C/C genotype. Comparative discoveries have been accounted for in different partners of HIV/HCV co-contaminated patients. As in HCV mono-infection, IL28B genotype remained a solid indicator of treatment reaction even after

alteration for different elements known not result of treatment, including HCV genotype, HCV RNA levels, and phase of fibrosis.

Be that as it may, in the setting of intense hepatitis C the IL28B hereditary polymorphism may just limitedly affect treatment-prompted leeway of hepatitis C infection in HIV(+) patients. Like perceptions in HCV mono-contaminated patients, allelic variations in IL28B have been appeared to be connected with enhanced stage I energy [54] and the impact of IL28B on treatment reaction fluctuates as per HCV genotype. Curiously, the IL28B genotype has no undeniable impact on result of HIV mono-infection.

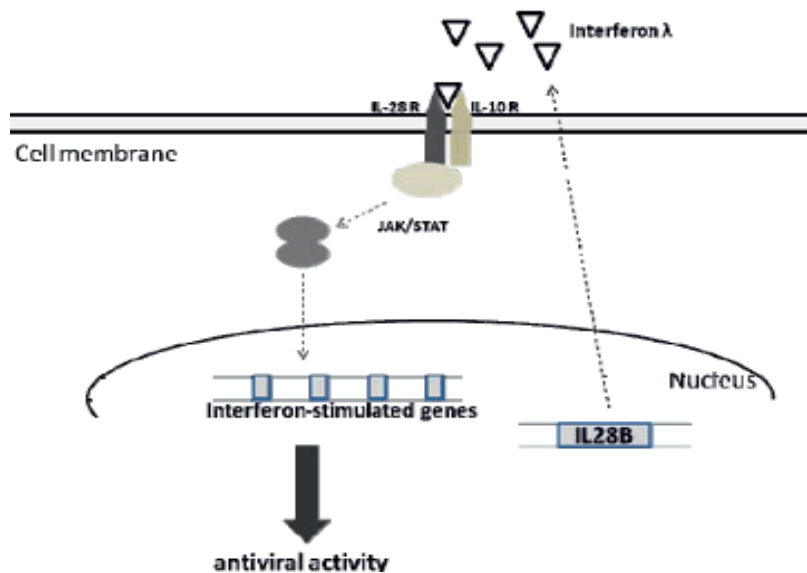


Figure 1: IL28B and the IFN-λ system.

Effect of IL28B variants on natural viral clearance

The watched relationship between IL28B hereditary variations and reaction to treatment brought up the issue whether IL28B genotypes may likewise foresee unconstrained leeway of HCV. In a competitor quality study these authorss showed that patients with a decent reaction rs12979860 genotype were three-times more inclined to clear the infection than patients with either poor reaction genotype. Strikingly, the same affiliation was found in a subgroup of patients co-tainted with HBV or HIV. A GWAS performed by Rauch and associates affirmed that allelic variations in IL28B are the main all inclusive critical indicators of unconstrained leeway of HCV. These discoveries could be imitated in consequent studies. In this study unconstrained freedom was appeared to be altogether more regular in patients with genotype C/C (64%) contrasted and C/T (24 %) or T/T (6%). Strangely, patients with a C/C (great reaction) genotype were likewise essentially more prone to give jaundice at the season of intense hepatitis. At long last,

Grebely and partners likewise showed that rs8099917 was connected with normal viral freedom.

Clinical relevance of IL28B gene polymorphisms

The IL28B quality polymorphism is the most grounded indicator of treatment reaction and unconstrained viral leeway in hepatitis C genotype 1 infection. Consequently, it is a critical question how these discoveries may influence clinical practice. In patients with intense hepatitis, current administration proposals recommend a three month perception period keeping in mind the end goal to permit time for unconstrained leeway.

Be that as it may, this issue is still under dialog as late treatment start may build the chance for treatment disappointment. Consequently, a sensible methodology could be to concede treatment start in transporters of a decent reaction IL28B genotype, as in these patients unconstrained freedom rates are > half, and treatment reaction rates will be high, paying little respect to whether treatment is in the intense or ceaseless

setting. In transporters of poor reaction IL28B genotypes, be that as it may, unconstrained leeway rates are low, and quick begin of treatment may build treatment reaction.

In patients with ceaseless hepatitis C, data on IL28B genotype may likewise improve future basic leadership in future clinical practice. In any case, it is critical to note that IL28B is not by any means the only component connected with reaction to treatment and it was evaluated that IL28B varieties represent ""just"" around 15% of between individual variability of SVR. In this way, treatment choices ought not be founded on IL28B genotype alone but rather ought to likewise consider other very much portrayed components, including liver fibrosis stage and gauge serum HCV RNA level, and also all the more as of late recognized indicators, for example, vitamin D lack, IFN-cinducible protein-10 (IP-10) serum levels, or steatosis/insulin resistance.

Pre-treatment forecast of reaction to treatment is the major clinical utility of IL28B genotypes. Taking after begin of treatment, accomplishment of settled on-treatment virological turning points is a superior indicator of SVR than IL28B. Then

again, IL28B allelic variations show a superior negative-prescient worth and affectability for SVR. Accordingly, checking for IL28B variations and on-treatment virological reaction is integral. A late review study by Sarrazin and collaborators proposed that IL28B varieties could assume a part accordingly guided methodologies with transporters of a decent reaction IL28B genotypes being ideal contender for individualized lengths of standard treatment with pegIFN- α and ribavirin. Further imminent studies are expected to illuminate this issue.

In patients tainted with HCV genotype 2/3, IL28B SNPs are less applicable. Be that as it may, a poor-reaction IL28B genotype may be useful to distinguish patients in requirement for delayed length of treatment (48 weeks). Mix of peg-IFN/RBV with DAA fundamentally expands SVR rates in HCV genotype 1 infection. Then again triple treatment is likewise connected with extra huge symptoms and expense. The larger part of patients conveying a decent reaction IL28B genotype will accomplish a SVR with both treatment regimens. In these patients, individualized treatment regimens (standard treatment versus triple treatment)

may be advocated. Be that as it may, with the foreseen execution of more powerful DAAs/treatment mixes sooner rather than later the commitment of host hereditary variables to treatment reaction will decrease.

CONCLUSION:

Numerous epidemiological studies have demonstrated a relationship amongst T2DM and CHC. The procedures through which HCV is connected with DM appear to include direct popular impacts, IR, proinflammatory cytokines, chemokines, silencers of cytokine flagging, and other resistant interceded instruments. Different elements, for example, metabolic disorder and a family history of diabetes, additionally appear to be vital danger components for the advancement of diabetes. Couple of information on the relationship of CHC and T1DM have been accounted for, and provides details regarding the potential relationship amongst T1DM and intense HCV infection are even rarer. A little number of studies have shown that IFN- α treatment can animate pancreatic autoimmunity and, in specific cases, lead to the advancement of T1DM. Diabetes and CHC have essential collaborations.

Moreover, clinical trials on HCV-positive patients have reported change in glucose digestion system after antiviral treatment. Further studies are expected to enhance avoidance arrangements and to encourage sufficient and financially savvy programs for the observation and treatment of diabetic CHC patients. There is clear proof that hereditary variations are connected with a both unconstrained and treatment-prompted result of hepatitis C infection. Hereditary IL28B variations are the most grounded hereditary indicators of treatment reaction and unconstrained result. Preparatory information recommend the IL28B polymorphisms additionally may have an impact in the setting of triple treatment with new DAAs, despite the fact that this affiliation is lessened. In this manner, IL28B variations may have a future part in individualizing treatment regimens for treatment of hepatitis C. Be that as it may, further imminent studies in which patients are stratified by IL28B genotype are justified before IL28B genotyping can be incorporated into treatment proposals.

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